

MINDFUL COMMUNICATION

*WITH BARBARA WIEBE
SATURDAY, MAY 12, 1-4 PM, \$60 + GST
PREVIOUS PARTICIPANTS OR BRING A
FRIEND, \$50 + GST*

**READY TO REVOLUTIONIZE YOUR
RELATIONSHIPS?**

INSPIRED BY THE PROCESS OF
NONVIOLENT COMMUNICATION, WE
WILL LEARN HOW TO TRANSFORM
HABITS OF CRITICISM AND
DISCONNECTION INTO THE
ALIVENESS OF AUTHENTIC
CONNECTION.

**CHANGE YOUR WORLD BY CHANGING
HOW YOU COMMUNICATE!**