

**Transformation:** the miracle of the bud becoming a blossom; a human being flowering as love.



Miko Photography

**Barbara C. Wiebe, BEd, CPC,**

Transformational Coach

Transforming Your Relationships

Calgary

[www.ConsciousCommunication.info](http://www.ConsciousCommunication.info)

[barbarawiebe@gmail.com](mailto:barbarawiebe@gmail.com)

Ph: 403-242-9747



# Barbara C. Wiebe

I am passionate about empowering myself and others in the exhilarating – and challenging – journey of self-transformation. My recent training to be a certified Coach for Transformation has expanded my awareness and resourcefulness in contributing to personal and social change, bringing skill and beauty to our togetherness...

Why am I excited about transformational coaching? Well, as a six-year-old immigrant German girl, starting school in Saskatchewan, I didn't know English. I couldn't communicate. And once I learned English, I still couldn't connect! The pain of isolation and loneliness sparked a life of seeking and searching. Participating in personal growth programs, spiritual practices, and private coaching sessions increased my self-understanding and relational well-being. Having experienced many ups and downs, what continues to matter is discovering how to be authentic – how to feel connected with myself, with others, and the whole of life.

In 2006, after several years enjoying innovative teaching of English as a Second Language, I became self-employed as a facilitator of communication workshops. I had discovered a unique approach to self-awareness, healing and genuine connection called Nonviolent Communication, or NVC. My personal and professional life reached new heights. This time of intense inner growth was shared and supported in the container of my primary relationship of fourteen years.

In facilitating communication seminars in Alberta and BC, participants report insights and changes as new options and possibilities are realized. My booklet *Conscious Communication* supports vital learning and transformation. Private sessions are oftentimes requested as the one-on-one work fine-tunes relational sensitivity and daily practice. My life is rich with meaning and purpose supporting others in moving into fuller alignment, deeper integration. Last year, in wishing to expand my own capacities in being of service to others, I embarked on the year-long course *Coaching for Transformation* to become a Certified Professional Coach, CPC.

And now, as a transformational life coach, what am I offering you? Recently a client commented: "Barbara put me on the fast track to personal growth, urging me to seek my own personal truths and implementing those into my everyday life." I invite you to become a master of mindfulness in all your interactions. Gain access to the depths of yourself and co-create your life in harmony with core values. My work is about empowering you, whether your focus is on parenting, relationship building, conflict resolution or mediation, at home or at work. Your own calling will be clarified and supported as together we explore what you really want – and how to get there.

Call me for a complimentary sample coaching session!