

What is Conscious Evolution?

What is the essence of the **evolutionary worldview**? How do we, you and I, respond *proactively* in this phase of global challenge *and* possibility? How *best* do we embrace change and evolution? The evolutionary worldview invites *conscious* participation as we co-create the future for us all.

Increasingly humanity is realizing the emergence of a radical shift in consciousness. Deep within ourselves we are sensing the power to transform ourselves, our relationships, and the world we live in. This booklet, *Conscious Communication*, is my own response to support this transformation of culture and consciousness. Discovering our innate capacity for *intentionally* evolving our relationships empowers a life of profound meaning and purpose. The 21st century will, hopefully, unleash our capacity to co-create a shared future in harmony with our core values, in harmony with life itself.

Evolution itself is evolving! Planet Earth has given birth to a species capable of *choosing* whether to evolve ourselves, and our social forms, or to continue the unconscious course we have set toward our own extinction. And the choice is clear. Do we choose to evolve – or die? Evolution on planet Earth now depends on you and I. Are we consciously choosing to transform ourselves? Are we giving attention to the transformation of our consciousness, to the quality of our relationships, our communication?

There are three elements central to the evolutionary worldview. In her book, *Conscious Evolution - Awakening the Power of our Social Potential*, Barbara Marx Hubbard describes “the three Cs” energizing conscious evolution for humanity in this stage: new cosmology, new crises and new capacities.

1. New Cosmology

The importance of the new cosmology is that we recognize the universe has a history and a direction and, therefore, so do we. The crucial new idea is that the physical Universe has a beginning in time, has been evolving for billions of years, and is *still evolving* through us and the entire Cosmos. The Universe is evolving toward ever greater freedom, complexity and consciousness. A new sense of identity beckons, where we no longer see ourselves as isolated individuals in a meaningless world. Instead, we realize that we *are* the Universe becoming conscious of its own splendor. In *Dream of the Earth* the noted cultural historian and geologist, Thomas Berry, writes: “*The universe is a communion of subjects to be celebrated, not a collection of objects to be exploited.*”

2. New Crises

Unprecedented crises at a global scale are another vital element energizing conscious evolution. From the perspective of the new cosmology, the current crises on planet Earth can be understood as a natural yet dangerous stage in a birth process. We are in the midst of a major turning point – a metamorphosis – in human culture and consciousness. Never before did a species know ahead of time that it might self-destruct, and that it had an option in doing so. We’re getting a signal: Evolve or die. Can we now face our self-created cataclysm with proactive choice? Evolutionary wisdom comes from our deeper intuitive knowing combined with factual understanding.

3. New Capacities

We are experiencing multiple global crises and simultaneously **we have access to new powers of science, technology, information, communication, and self-awareness.** These extraordinary powers can be used to catalyze the capacity of transforming ourselves and the world we live in, the capacity to discover and to enact a vision of sustaining and celebrating life on planet Earth. Humanity is awakening to an elevated sense of shared purpose – and responsibility. Our creative powers can be used to foster mutually-enhancing relationships at every level. Our well-being depends on it!